

- **Appointment**

- Picture your inflammation and know your health status
- Join the movement to invest in your health:
  - Participate in devising your health plan
  - Commit to action
  - Healthier is Smarter!

## Thermography Scan



- **Assessment**

- Understand your:
  - Level of inflammation
  - Follow-up Plan
  - Options for ongoing support
- Whole-body health
- Boosting your resilience

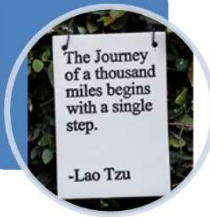
## Thermography Report



- **Health Journey**

- Prioritized Health & Wellness Plan
- Individualized Monitoring Plan
- Health goals and lifestyle choices:
  - Healthy nutrition
  - Physical activity
  - Environmental stressors
  - Emotional stressors

## Personalized Care



- **Prioritized Treatment Protocol**

- Follow-up Call:
  - Complimentary appointment
  - 1-month FUP Plan (7 days after thermography report)
- Coordinated referrals for external tests and specialized practitioners, as appropriate

## Follow-up Plan



- **Ongoing Support**

- First eConsult Call:
  - 3-month plan (4 weeks after Follow-up Call)
  - \$55 for ½-hour appointment
- Second eConsult Call:
  - 6-month plan (3 months after First eConsult)
  - \$55 for ½-hour appointment

## Health and Wellness Plan



- **Monitoring Plan**

- Interdisciplinary teamwork
- Monitoring progress: eConsult Calls and/or referrals for in-person consultations
- Follow-up thermography scan, as recommended by previous thermography report

## Continuity of Care

